


ASSEMBLING YOUR GHOST HUNTING KIT:

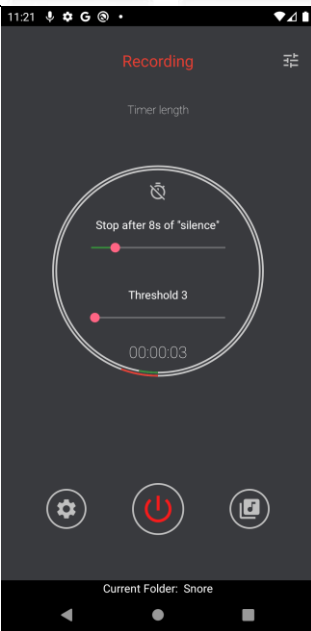
	<p>K-2 meter – used to measure EMF. This basic unit just measures AC fields. You can find these at most hardware stores, or online at someplace like Amazon for under \$20. Very easy to use – just press the single big button and wait for the needle to jump and the lights to flash!</p>
	<p>4-in-1 EMF meter – this one measures electric fields, magnetic fields, radio fields, and temperature. Of course it's going to be more expensive than a K-2 – it retails for around \$90 – but if you're looking for more versatility and accuracy, it's a good bet. Here it is at Amazon.</p>
	<p>REM pods – A REM pod is a device that emits its own EMF field and detects any changes in that field. Although the standard REM pod is large and looks kind of like a coffee can with flashing lights, the technology behind it is relatively simple and has been applied to many other objects. Click here to read about the classic REM pod and order one, or click here to see some of the oddball knock-offs.</p>
	<p>Digital camera – I like the Sony Cyber-shot, which is pocket-sized, rechargeable, and has good high resolution. These currently retail new for nearly \$400, but you can find plenty of them used at ebay for under \$100.</p>
	<p>Infrared camera – there are a lot of different ways to go with infrared cameras, but generally you want one that is easy to use and can send images to a laptop or other device. Here's a list of the best; note that you'll be laying out \$300-\$400 for most of these.</p>



Trailcams – these are designed primarily for use by hunters and outdoor enthusiasts, but because they're motion activated and designed for night exteriors they work well in haunted settings. Most operate on batteries, although there are also some that are solar-powered; and most come with an app that will allow you to retrieve photos or videos with your phone (rather than manually popping an SD card out of the camera. I like [Eufy](#) myself, and you can get one directly from them for under \$130.



Digital audio recorder – Although phone apps can now do most of what a stand-alone device can do, digital audio recorders are cheap, small, and can be connected to a computer so you can share those EVPs you might capture. [Here's one](#) for just over \$30.



Audio recording phone apps – Whether you've got an Android or iPhone, there are plenty of these to choose from, with most being either free or just a couple of bucks to buy. Look for one that's voice-activated and easy to use.



File transfer – if you're using your phone for capturing audios, you'll need some way of transferring them from your phone to a computer where you can listen and edit them better. Most phones now come with something like [Dropbox](#) already installed, but any file transfer platform will work.



Audio editing – if you have long audio files with just a few seconds of something worth saving, you’ll need a good, simple audio editor. I like [Audacity](#), which is easy to use and free. Audacity is also good for recording and editing things like podcasts (in which case I recommend getting a standing mic like a [Rode](#)).



Spirit Box – the original is now available in a couple of different models, with the most current (and most expensive, at just over \$150) being the [SB11](#). The Spirit Box sweeps either AM or FM radio frequencies, with the idea that spirits might be using these energy forms to communicate. The SB11 also gauges temperature, and comes with an optional “Faraday Bag” that limits the amount of talk you’re likely to get from the radio waves.



Ovilus – the Ovilus is a gadget that reads environmental changes like temperature and converts those changes into words, choosing from its built-in library of several thousand words. Although the original Ovilus is now expensive and sought after, there are [plenty of knock-offs](#) that are more affordable.



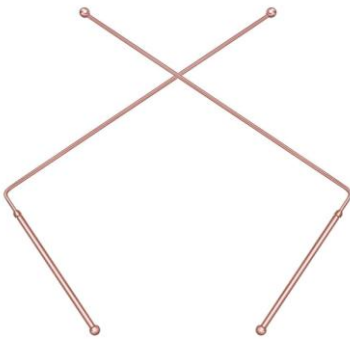
Maglite Mini Incandescent – a lot of investigators like these [simple little flashlights](#) both for practical reasons (it’s a good flashlight) and supernatural reasons: the head can be loosened so that the flashlight will turn on with just the slightest touch.



Cat balls – these are popular right now, partly because investigators believe they might appeal to child ghosts...but hey, [your cat’ll love ‘em](#) even if ghosts don’t. They join other current popular gadgets like [music boxes](#), [tripwire](#), and the [BooBuddy](#).



Ouija board – controversial, yes, and perhaps a little cumbersome to bring to an investigation, but I recommend everyone at least experiment with these a little, if for no other reason than to test your own ideomotor response. [New ones](#) are still inexpensive, or you can go the [antique](#) or [artisanal](#) route.

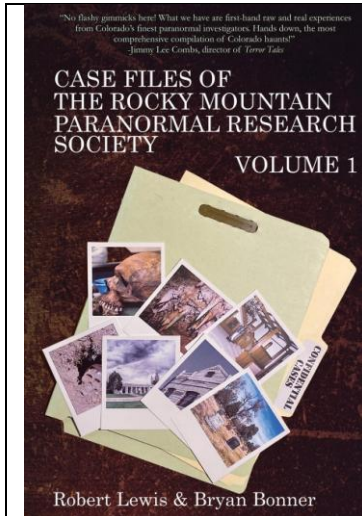


Dowsing rods – simple little L-shaped metal rods that move easily and can be used to ask questions of the spirits. [These are inexpensive](#), easy to take with you, and interesting even for the skeptic to use.

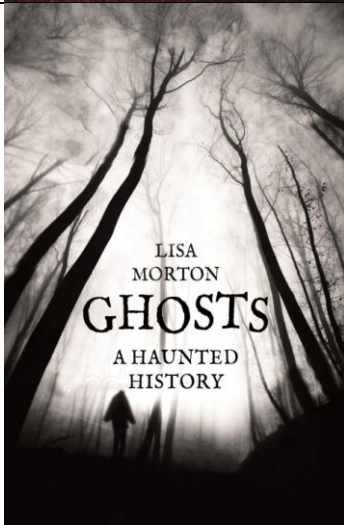


Tarot decks – there are hundreds of different Tarot decks out there, so if you decide to learn how to read Tarot buy one you really like. [The Rider-Waite Deck](#) is the classic; a new one will come with a booklet explaining the basics of Tarot use, or you can get [a deck with Halloween illustrations](#).

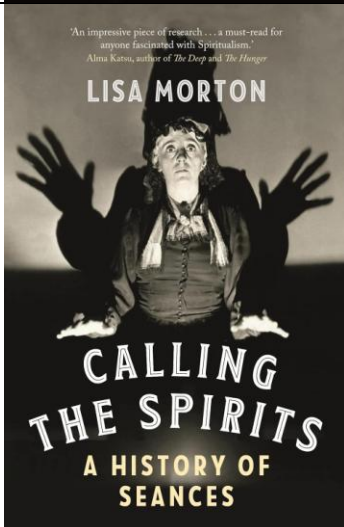
BOOKS:



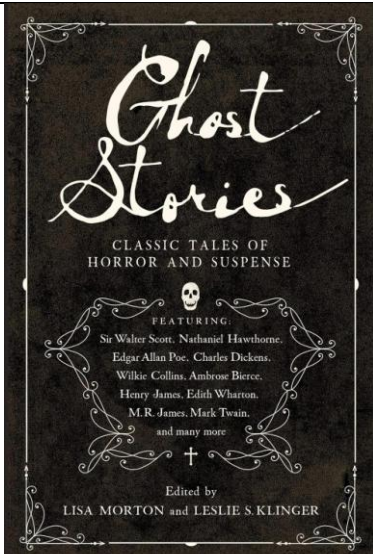
[*Case Files of the Rocky Mountain Paranormal Research Society Volume 1*](#) by Robert Lewis and Bryan Bonner – this is my personal favorite book on ghost hunting, and will provide a serious beginner with a lot of useful information...plus it's a great read!



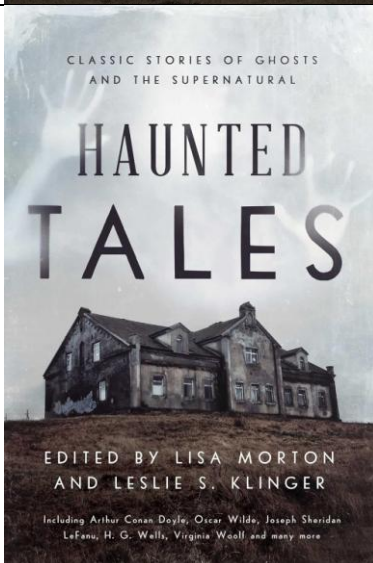
[*Ghosts: A Haunted History*](#) by Lisa Morton – pick this one up for a comprehensive overview of ghosts throughout history and around the world.



[*Calling the Spirits: A History of Seances*](#) by Lisa Morton – a history of attempts at spirit communication, reaching back to the ancient world, through medieval necromancy and Victorian Spiritualism, all the way up to the modern paranormal investigation.



[*Ghost Stories: Classic Tales of Horror and Suspense*](#) edited by Lisa Morton and Leslie S. Klinger – an anthology of classic tales by such authors as Charles Dickens, Edith Wharton, M. R. James, and Edgar Allan Poe.



[*Haunted Tales: Classic Stories of Ghosts and the Supernatural*](#) edited by Lisa Morton and Leslie S. Klinger – more classic spine tingers, including stories by Oscar Wilde, Rudyard Kipling, Virginia Woolf and more.



For more ghost history, check out my weekly “[*Ghost Report*](#)” podcast, now in its fifth year!